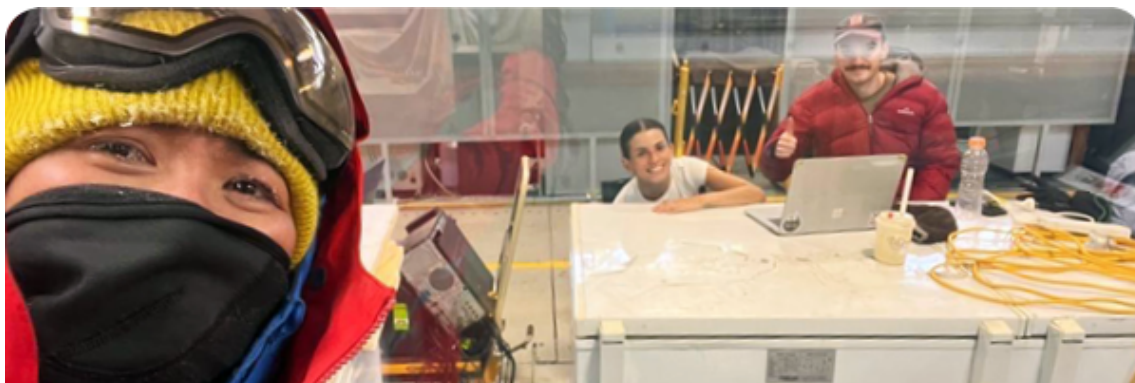




[Climb](#) [Hike](#) [Trail Running](#) [Ski](#) [Travel](#)

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Welcome to the Bogong eNewsletter



It's just 3 weeks to go until [Sponsored Athlete Sia Kindberg](#) takes on the 230km [Arctic Ice Ultra Marathon](#) in the Swedish Lapland on the Arctic Circle! Sia has been hard at it with training in the University of Melbourne freezer in the lead up to the extreme event along with trail running on home soil.



Late last year, Sia also came to the rescue of a pair of hikers on the Staircase Spur Trail from Mount Bogong. She came prepared for all conditions and was able to revitalise the two adventurers with "warm dry clothes, food, hot water, a

sleeping bag, and a magnitude of wisdom and kindness". Check out the first hand account from one of the rescued - Rachel [here](#).

Make sure to stick to our [Facebook](#) and [Instagram](#) like glue for the latest news!

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Introducing our Adventure Workshop Series for 2024! Come and learn in-store about crushing your next climbing project, trail running - training and competing, our much beloved map and compass navigation workshop / field trip returns plus essential tips for gear maintenance. That is just for the first half of the year!

- **[Prepping to Send - Q&A with Sponsored Climber Ashlee Hendy](#)**
Thursday February 22nd 2024, 6pm to 7pm at Bogong Equipment
- **[Post Arctic Ice Ultra Marathon - Q&A with Sponsored Trail Runner Sia](#)**
Wednesday March 20th 2024, 6pm to 7pm at Bogong Equipment
- **[Map and Compass Navigation - In-Store Workshop Only](#)**
Monday April 8th 2024, 5:30pm to 8pm at Bogong Equipment
- **[Map and Compass Navigation - Field Trip](#)**
Saturday April 13th 2024, Full Day Event at Enfield State Park
Attendance at in-store workshop required
- **[Gear Maintenance Workshop with Bogong Repairer Nick](#)**
Monday May 6th 2024, 6pm to 7pm at Bogong Equipment

Numbers are limited, so be sure to book in quick! For full details, click/tap any of the links above or head to our [events](#) page!

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The logo for 'bogong blog' is centered on a red background with a subtle diagonal line pattern. The word 'bogong' is in a white, lowercase, sans-serif font, and the word 'blog' is in a larger, white, lowercase, sans-serif font directly below it.

What a great day for a field trip at the Rogaine - a little rain, but generally great Rogaining weather, although the cloud came down early as we finished. We ended up with 17 participants in 5 teams of 3 or 4 (many of them were trail runners), which enabled excellent learning opportunities. There was great enthusiasm prior to starting the exercise with everyone well kitted out for the drizzling weather conditions.



The Rogaine provided the opportunity to learn 'in-the-field' the skill of map and compass navigation, interpreting the contours on the map and relating them to the exercise and vice-versa, as well as taking and following a compass bearing - putting the theory of the evening session into practice! Check out our serious adventure blog [here](#).



It's time to plan ahead for the trail running events this year including the:

- **Kilcunda Coast Half Marathon**
Sunday, February 4th 2024 - 1km, 5km, 10km, 17km and 21.1km
- **Baw Baw Snow Gum Run**
Saturday, March 2nd 2024 - 15km, 21km, 36km and 44km
Sunday, March 3rd 2024 - 1km, 4km and 7km
- **La Sportiva Razorback Run / Hells Cauldron**
Saturday March 16th 2024 - 22km, 40km, 64km and 85km

For more information and to register for the above and more, click [here](#).



PRANA LOWER PINES TRUCKER CAP



No matter which graphic you choose, you'll love the fun prints across this collection. Made from 100% recycled polyester, including recycled fishing nets.

Specifications

- Recycled poly mesh back
- Adjustable snapback for a custom fit
- Custom internal prAna logo tape
- Embroidered eyelets
- Bureo® visor which is made from recycled fishing nets
- Curve bill

- Fair Trade Certified™ Factory

To find out more about the [prAna Lower Pines Trucker Cap](#), click/tap [here](#).

About Us

Bogong Equipment was founded in 1989. Everyone who works at Bogong Equipment is a climber, hiker, mountaineer or runner. We have first-hand experience in cragging, multiday bushwalking, alpine climbing and trail running. We use the gear we sell. That means, we can tell you how a product truly performs in the field. That's how we only select the best gear to stock our shelves.

Our stock room in our brick-and-mortar store on Little Bourke Street, in Melbourne, is filled with purpose-designed, technical equipment. With our vast selection of gear, it can be tricky to know where to begin. Especially if you don't know exactly what you're looking for. That's why we employ knowledgeable, experienced staff. We can help you get equipped for your remote trekking expedition, your ice-cap crossing, climbing your first peak or simply your next wander in the hills.

Visit Bogong Today | Shop Online
Trading Hours

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