

<u>Climb Hike Trail Running Ski Travel</u>

Welcome to the Bogong eNewsletter



5 days. 5 stages. 230km of sheer determination in the Swedish Lapland on the Arctic Circle. **Sponsored Athlete Sia Kindberg** has become the first Australian woman to finish the Beyond the Ultimate Ice Ultra Marathon!

"Sia, with her boundless energy has got stronger and stronger as the race has progressed. She has got through the race always with a smile and a laugh." (Beyond the Ultimate Facebook Page, Sunday February 25th 2024)

Words can't express our support for Sia's journey to raise much needed funds for rebuilding her childhood school **here** and honour the memories of her dear friends Andzelika and Greng who fought the good fight against aggressive cancer until the very end.



Well done to Sia for completing the race and achieving the following results:

Stage 1 - 12 hours 11 minutes Stage 2 - 12 hours 27 minutes Stage 3 - 11 hours 44 minutes Stage 4 - 17 hours 51 minutes Stage 5 - 2 hours 39 minutes Overall Time - 56 hours 52 minutes Overall Position - 27 **Gender Position - 3rd!**

We are extremely proud and await her return with great anticipation to tell us all about her adventure at her **Post Arctic Ice Ultra Marathon Q&A!**



Come and learn in-store about crushing your next climbing project, trail running - training and competing, our much beloved map and compass navigation workshop / field trip returns plus essential tips for gear maintenance.

- Post Arctic Ice Ultra Marathon Q&A with Sponsored Trail Runner Sia Wednesday March 20th 2024, 6pm to 7pm at Bogong Equipment
- <u>Map and Compass Navigation In-Store Workshop Only</u> Monday April 8th 2024, 5:30pm to 8pm at Bogong Equipment
- <u>Map and Compass Navigation Field Trip SOLD OUT</u> Saturday April 13th 2024, Full Day Event at Enfield State Park Attendance at in-store workshop required

• Gear Maintenance Workshop with Bogong Repairer Nick Monday May 6th 2024, 6pm to 7pm at Bogong Equipment

We had a terrific turnout for the "Prepping to Send" Adventure Workshop with **Sponsored Athlete Ashlee Hendy** at Bogong Equipment! Attendees were excited to learn from Ashlee's climbing experience and took advantage of our one-night-only special offer on climbing ropes!





A descendant of the common walking stick, **trekking poles** have been commercially manufactured since the 1970s. I however stubbornly held off using them for some time; I was worried that they would be more of a hindrance then a help in Australian scrub.



It wasn't until I set off on the Pacific Crest Trail in 2016 that I first tried them for a few reasons: I was concerned of the long term impact on my knees, ankles and feet, I knew I would require them walking through the snow and I was comforted

by the well-maintained trails I would be walking on and well assured that they wouldn't be getting me tied up in undergrowth. For the full review, click/tap **here.**



It's time to plan ahead for the upcoming trail running events including the:

- La Sportiva Razorback Run / Hells Cauldron
 Saturday March 16th 2024 22km, 40km, 64km and 85km
 Registration closes Friday March 15th 2024 at 9pm GET IN QUICK!
- <u>Wilsons Prom 100</u> Saturday May 4th 2024 - 27km, 47km, 66km, 80km and 100km
- Darby River Fun Runs
 Sunday May 5th 2024 2km, 5km, 10km and 21km

For more information and to register for the above and more, click here.



XTM ZIP OFF HIKING PANTS



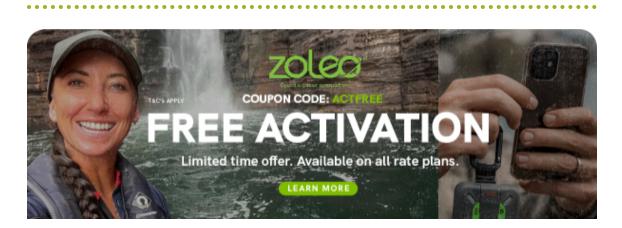
Travel light and experience ultimate comfort / mobility on any terrain with the **Mens Sturgeon and Womens Wye River Zip Off Pants** which easily convert to hiking shorts. Designed with recycled nylon and spandex fabric, these pants provide UPF 50+ protection and PFC-free water repellent coating. Polygiene wash reduces odours making them perfect for long trips!

Specifications

- 90% Recycled Nylon
- 10% Spandex 150GSM UPF 50+
- PFC-free DWR Coating
- Polygiene Wash
- Concealed Stash Pocket with Zipper
- Zip Off Above Knee Feature
- Adjustable Waistband Strap and Slide Buckle
- Fly with Zipper and Button
- Gusset Panel for Movement
- Crotch Eyelets for Breathability

- · Knee Darts for Articulated Fit
- Back Welt Pocket with Zipper
- Elasticated Back Waistband
- Tapered Slim Fit

To find out more about the XTM Zip Off Hiking Pants, click/tap here.



Go with Zoleo Global Satellite Communicators! They are offering FREE ACTIVATION on all rate plans for a limited time only - Friday March 15th 2024 to Monday 15th April 2024!

Use coupon code ACTFREE at checkout for \$0 Activation, saving the activation fee of \$40 AUD. Offer applies to new activations only in AUS & NZ via the My Zoleo portal https://www.zoleo.com/en-au

About Us

Bogong Equipment was founded in 1989. Everyone who works at Bogong Equipment is a climber, hiker, mountaineer or runner. We have first-hand experience in cragging, multiday bushwalking, alpine climbing and trail running. We use the gear we sell. That means, we can tell you how a product truly performs in the field. That's how we only select the best gear to stock our shelves.

Our stock room in our brick-and-mortar store on Little Bourke Street, in Melbourne, is filled with purposedesigned, technical equipment. With our vast selection of gear, it can be tricky to know where to begin. Especially if you don't know exactly what you're looking for. That's why we employ knowledgeable, experienced staff. We can help you get equipped for your remote trekking expedition, your ice-cap crossing, climbing your first peak or simply your next wander in the hills.

> Visit Bogong Today | Shop Online Trading Hours Bogong Equipment 374 Little Bourke Street Melbourne 3000 Australia Tel: 03 9600 0599 | Email: bogong@bogong.com.au

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