

Climb Hike Trail Running Ski Travel

Welcome to the Bogong eNewsletter



THE WAY, MY WAY - TICKET GIVEAWAY!

For your chance to win one of 10x double passes to see <u>The Way, My Way</u> (in Australian cinemas on Thursday, May 16th 2024) in 25 words or less, please share your favourite and/or most important trekking experience and why by responding to this email <u>marketing@bogong.com.au</u> with your name, address and phone number. For Terms and Conditions, click here. **GOOD LUCK!**



NEW LA SPORTIVA PRODIGIO TRAIL RUNNING SHOES

Find Your Flow. It's not just about the kilometres, it's also about passion.

Whatever terrain you choose, XFlow™ supercritical EVA delivers cushioning and precise control with reactivity, ensuring constant energy return and comfort that lasts. Find your perfect pace... whatever your Ultra, feel the trail. Proudly tested by **Sponsored Athletes Matt Crehan** and **Sia Kindberg**. Discover the new **Prodigio** in-store now!



NEW SALOMON GENESIS TRAIL RUNNING SHOES

A mountain trail running shoe that's as comfortable and confidence-boosting as it is dynamic, agile and primed for serious adventures! Designed for hard-wearing durability and meticulous precision in tricky terrain. No rugged climb is too steep, no descent too sketchy. With a dynamic support chassis and reliable grip so you can send it, safely. Try the new **Genesis** in-store now!



NEW LA SPORTIVA NO-EDGE CLIMBING SHOES

The exclusive No-Edge technology has been developed over years of continuous improvements from **La Sportiva** athletes and technicians looking for a fast and distinctive climbing style. It makes climbing more intuitive and smooth: IN ONE WORD - NATURAL. Limited stock available, **get in quick!**



NEW CHIMPANZEE 30% PROTEIN BARS IN MILK CHOCOLATE

Power up your day with Chimpanzee's irresistible protein bars, now coated with delicious chocolate. Each bar packs a whopping 15g of protein, helping you to stay full and focused throughout the day. Proudly tested by Bogong staff and we think they are delicious! **Grab one or more in-store or online today!**



Come and learn in-store about crushing your next climbing project, trail running - training and competing, our much beloved map and compass navigation workshop / field trip returns plus essential tips for gear maintenance.

Gear Maintenance Workshop with Bogong Repairer Nick
 Monday May 6th 2024, 5:30pm to 7pm at Bogong Equipment
 50% BOOKED ALREADY!

We had a solid session for the "Map and Compass Navigation" Adventure Workshop with Rogaine expert Merv Trease and Company at Bogong Equipment! Attendees were excited to learn from Merv's and company's rogaining experience on how to use a map with a compass plus practical tips for route planning and more!



bogong blog



FASTPACKING - WHAT IS IT & WHAT DO YOU NEED?

People go **fastpacking** for any number of reasons - bushwalkers looking for a physical challenge, trail runners looking to explore a little further afield without relying on event aid stations. The great thing about fastpacking is how much ground you can cover once you've got the requisite fitness and gear. So that means all those hikes you've wanted to do but haven't been able to get a week off work to undertake, you can knock over on the next (long) weekend. For the full guide, click/tap **here.**



JOSH ALEGRE - AUSTRALIAN NATIONAL PARACLIMBING ATHLETE

Despite the hurdles presented by Hereditary Spastic Paraparesis (HSP), Josh discovered adaptive rock climbing, injecting renewed purpose and defying expectations. The unpredictable spasms in his legs, ranging from fleeting moments to enduring episodes, have shaped an altered movement pattern, making each step (and climb) often labored and unstable.

However, his quality of life has soared, surpassing the expectations of specialists, family, and most importantly, himself. More recently, Josh has been able to combine his love for the outdoors with climbing, finding a new aspect of the sport becoming a motivation alongside indoor competition climbing. For the full story, click/tap **here**.



It's time to plan ahead for the upcoming trail running events including the:

- Wilsons Prom 100 ENTRIES CLOSED, FULLY BOOKED!
 Saturday May 4th 2024 27km, 47km, 66km, 80km and 100km
- Darby River Fun Runs GET IN QUICK!
 Sunday May 5th 2024 2km, 5km, 10km and 21km

For more information and to register for the above and more, click **here**.



RAB RYVOAN JACKET



Perfect for layering up on your everyday outdoor adventures, the **Rab Ryvoan**Jacket is made with 100% recycled Thermic[™] stretch fleece to keep you warm and comfortable on crisp weekend walks and cosy campfire evenings. Quickwicking, breathable, and offering great freedom of movement, it's suitable for a range of activities and will quickly become your go-to midlayer.

Features

- Soft stand up collar with soft-touch stretch binding
- YKK® front zip opening with chin guard
- 1x YKK® concealed zipped chest pocket
- 2x YKK® concealed zipped soft mesh lined pockets with zip pulls
- Set in sleeve construction for great freedom of movement
- Soft-touch stretch binding at the cuffs and hem for fit and comfort
- Fluorocarbon free fabric
- Greater than 75% recycled materials

Specifications

- Fit: Regular
- Main Fabric: Thermic[™] (340gsm) Recycled polyester fleece

- Centre Back Length: 74cm (Mens Size M), 65.5cm (Womens Size S)
- Weight: 543g (Mens Size M), 448g (Womens Size 10)

To find out more about the **Rab Ryvoan Jacket**, click/tap **here**.

About Us

Bogong Equipment was founded in 1989. Everyone who works at Bogong Equipment is a climber, hiker, mountaineer or runner. We have first-hand experience in cragging, multiday bushwalking, alpine climbing and trail running. We use the gear we sell. That means, we can tell you how a product truly performs in the field. That's how we only select the best gear to stock our shelves.

Our stock room in our brick-and-mortar store on Little Bourke Street, in Melbourne, is filled with purpose-designed, technical equipment. With our vast selection of gear, it can be tricky to know where to begin.

Especially if you don't know exactly what you're looking for. That's why we employ knowledgeable, experienced staff. We can help you get equipped for your remote trekking expedition, your ice-cap crossing, climbing your first peak or simply your next wander in the hills.

Visit Bogong Today | Shop Online Trading Hours

Bogong Equipment 374 Little Bourke Street Melbourne 3000

Australia

Tel: 03 9600 0599 | Email: bogong@bogong.com.au

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