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Welcome to the Bogong eNewsletter



One of our newest **[Sponsored Athletes](#)** is **[Sia Kindberg](#)** who started running at aged 12, when she took the wrong turn around a lake and kept running for 11 hours and realised while she had no sense of direction, she did have the stamina and endurance to go far.

An experienced and passionate trail runner, Sia Kindberg is currently training to participate in the 2024 **[Ice Ultra](#)** held in February in the Swedish Arctic Circle. Sia will be the first Australian female to participate in this 5 day event, 230km self-sufficient **[Ultra Marathon](#)** running across snowfields, arctic tundras and frozen lakes in temperatures as low as -40 degrees.

Sia was inspired to sign up for the Ice Ultra after losing two friends to aggressive cancer at the start of 2023, which served as a potent reminder that “the best time to do something we love or want is always now! We sit and wait for “the right moment” and forget that tomorrow might not even come”.

To read Sia's full profile and check out our other Sponsored Athletes, click **[here](#)**.



Bogong Equipment is proud to sponsor and exhibit at **Surf Coast Century** in the Great Ocean Road region of Victoria on Saturday 16 September 2023. As a reminder, late entries are still available. If you're ready, **sign up** today and remember to pay us a visit at the end of the finish line!



This month we also proudly sponsored the **Berry Long Run**. It's a trail run that raises money for **Berry Street** which exists to help those experiencing poverty, violence and abuse, and to help families stay together in safe and healthy homes so they can create the future they imagine for themselves. This is what they mean by 'believing in children, young people, families and their future'.



Skratch Labs makes sports nutrition designed to help you perform better without offending your gut or your taste buds because we use real food, starting from scratch. Check out our **Skratch Sale** on selected Past and Near Best Before Date Sports Nutrition and Hydration products. Available in-store and online. Hurry while stocks last!



bogong blog

Sponsored Athlete Matt Crehan has been trialling the new **Rab Veil 6L Trail Running Vest** over the past few months, and he is very impressed with it. Small enough to feel like an item of clothing rather than a backpack, but big enough to get you through most **mandatory gear** lists, or big days out in the mountains.

Click [here](#) to learn about the features, materials and storage from the man himself!



sustainability spotlight



LA SPORTIVA TX HIKE MID LEATHER GTX HIKING BOOTS



The **La Sportiva TX Hike Mid Leather GTX Hiking Boots** are dedicated to modern day hiking and made with eco-friendly components. It combines La Sportiva's own Mountain DNA solutions with Mountain Running® derived technologies for a lightweight, comfortable and sustainable product. 90% of its weight is eco-friendly!

Features

- Upper (including toe cap and counter) made of suede leather and water repellent treatment 100% PFC Free
- New Bluesign®-certified Gore-Tex® Extended Comfort laminate obtained by recycling end-of-life plastic materials - it allows maximum waterproofing and breathability while reducing environmental impact
- Vibram® Eco Step Evo tread with hiking oriented lugs for maximum grip
- Collar made of 100% recycled material
- Bluesign®-certified Gore-Tex® Extended Comfort lining made from recycled end-of-life plastic materials
- 100% recycled laces
- Webbing made of 100% recycled material

Technical Specifications

- Weight: 880g mens, 810g womens (pair)
- Upper: Suede leather + anti-abrasion mesh collar made of recycled material
- Lining: BlueSign®-certified Gore-Tex® Extended Comfort
- Footbed: Ortholite® Hybrid Mountain Hiking 5mm, made using 20% recycled content
- Midsole: Compression molded EVA with co-molded stabilizing insole, made using 15% recycled content
- Outsole: Vibram® Ecostep Evo, made from a minimum of 30% recycled rubber

Click [mens](#) or [womens](#) to find out more about [La Sportiva TX Hike Mid Leather GTX Hiking Boots!](#)

[About Us](#)

Bogong Equipment was founded in 1989. Everyone who works at Bogong Equipment is a climber, hiker, mountaineer or runner. We have first-hand experience in cragging, multiday bushwalking, alpine climbing and trail running. We use the gear we sell. That means, we can tell you how a product truly performs in the field. That's how we only select the best gear to stock our shelves.

Our stock room in our brick-and-mortar store on Little Bourke Street, in Melbourne, is filled with purpose-designed, technical equipment. With our vast selection of gear, it can be tricky to know where to begin. Especially if you don't know exactly what you're looking for. That's why we employ knowledgeable, experienced staff. We can help you get equipped for your remote trekking expedition, your ice-cap crossing, climbing your first peak or simply your next wander in the hills.

[Visit Bogong Today](#) | [Shop Online](#)
[Trading Hours](#)

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